#### **Supporting Women**

Women with unplanned pregnancy often feel alone and abandoned. You are not alone anymore. You have choices. Here are some good ones.

### Catholic organisations offering support to pregnant women:

Centacare Catholic Family Services (03) 9287 5555 MacKillop Family Services Footscray (03) 9680 8444 Melton (03) 9743 8257

### Other organisations (Non Catholic Church Agencies) offering support to pregnant women:

Caroline Chisholm Society Pregnancy and Family Support Service (03) 9370 3933 or 1800 134 863 Open Doors (03) 9870 7044 or 1800 647 995 Real Choices Australia <u>www.realchoices.au</u>

"Women with unplanned pregnancy deserve to experience unexpected joy."

PATRICIA HEATON

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### BEGINNING THE JOURNEY THE WONDER OF LIFE WITHIN

"Each one of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary."

POPE BENEDICT XVI

Recent advances in technology allow us to see with ever greater clarity the humanity of the unborn child.

What emerges from these scans is a living, moving being, with a body and facial features, a being that is beyond question human. There can no longer be serious dispute about the humanity of the unborn.

This child is one of us, part of our human family. He or she is our son, or daughter, our sister, our brother, our cousin, our friend. He or she will grow up to become, one of us, a beloved member of our human family.

# You are 9 months older than you think.

#### First Days

Human life begins at fertilisation when the sperm penetrates the ovum.

### And a new life has begun.



**21-22 Days** The human heart begins to beat.

**40 Days** Brain waves are recordable.

**54 Days** Toes have formed.

## **17-20 Weeks** Mother becomes aware of foetal movement.

"It is necessary to become courageously 'pro-woman,' promoting a choice that is truly in favour of women."

POPE JOHN PAUL II





20 weeks

To view actual 4D ultrasounds of a baby at 11 weeks see: www.lifeissues.org/ultrasound/ 4Dindex.htm